

DATE:

S M T W T F S

Vision Board

<p>CAREER</p>	<p>FINANCES</p>
<p>RELATIONSHIP</p>	<p>FAMILY</p>
<p>PERSONAL GROWTH</p>	<p>HEALTH</p>
<p>LEISURE</p>	<p>KNOWLEDGE</p>



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Action Plan

Goals:

Action Steps:

Time Frame:

Milestones:

Resources:

Desired Outcome:





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Goal Setting

What do you want to achieve financially?

How do you improve your physical health?

How do you improve your mental health?

How do you improve your emotions?

What do you want to be remembered for?

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Limiting Beliefs

Try to identify other beliefs that are holding you back and how you can reframe them to be more productive.

CURRENT BELIEF

BETTER ALTERNATIVES

CURRENT BELIEF

BETTER ALTERNATIVES

CURRENT BELIEF

BETTER ALTERNATIVES

