

MY CORE VALUES

Step 1: Using a **Red Pen** Or Colored Pencil, Encircle **The Core Values That Resonate** With You The Most!

Step 2: Using a **Blue Pen** Or Colored Pencil, Encircle **The Core Values That Are Non-Negotiable** With You!

Step 3: Using the Journaling Page, Write How You Believe These Core Values Joined Together Help You Be The Person You Are!

Honesty	Tolerance	Self-awareness	Collaboration	Adventure
Integrity	Open-mindedness	Self-acceptance	Teamwork	Education
Loyalty	Forgiveness	Self-confidence	Excellence	Knowledge
Compassion	Generosity	Independence	Quality	Learning
Empathy	Courage	Freedom	Service	Justice
Respect	Perseverance	Family	Altruism	Simplicity
Kindness	Determination	Friendship	Reliability	Balance
Authenticity	Ambition	Love	Authenticity	Resilience
Accountability	Creativity	Empowerment	Creativity	Health
Gratitude	Innovation	Equality	Openness	Well-being
Humility	Adaptability	Inclusivity	Adaptability	Exploration
Responsibility	Flexibility	Diversity	Harmony	Innovation
Trustworthiness	Curiosity	Environmentalism	Peace	Honor
Fairness	Wisdom	Sustainability	Spirituality	Unity
Patience	Self-discipline	Community	Fun	Transparency